

How to Best Support your Student in Middle School

NEWHART MIDDLE SCHOOL



WHO ARE WE?

Mrs. Krikorian

Social/Emotional
School Counselor

Ms. Ruiz

Academic
Advisor



Agenda

1. Organizational Skills
2. Time Management
3. Study Skills



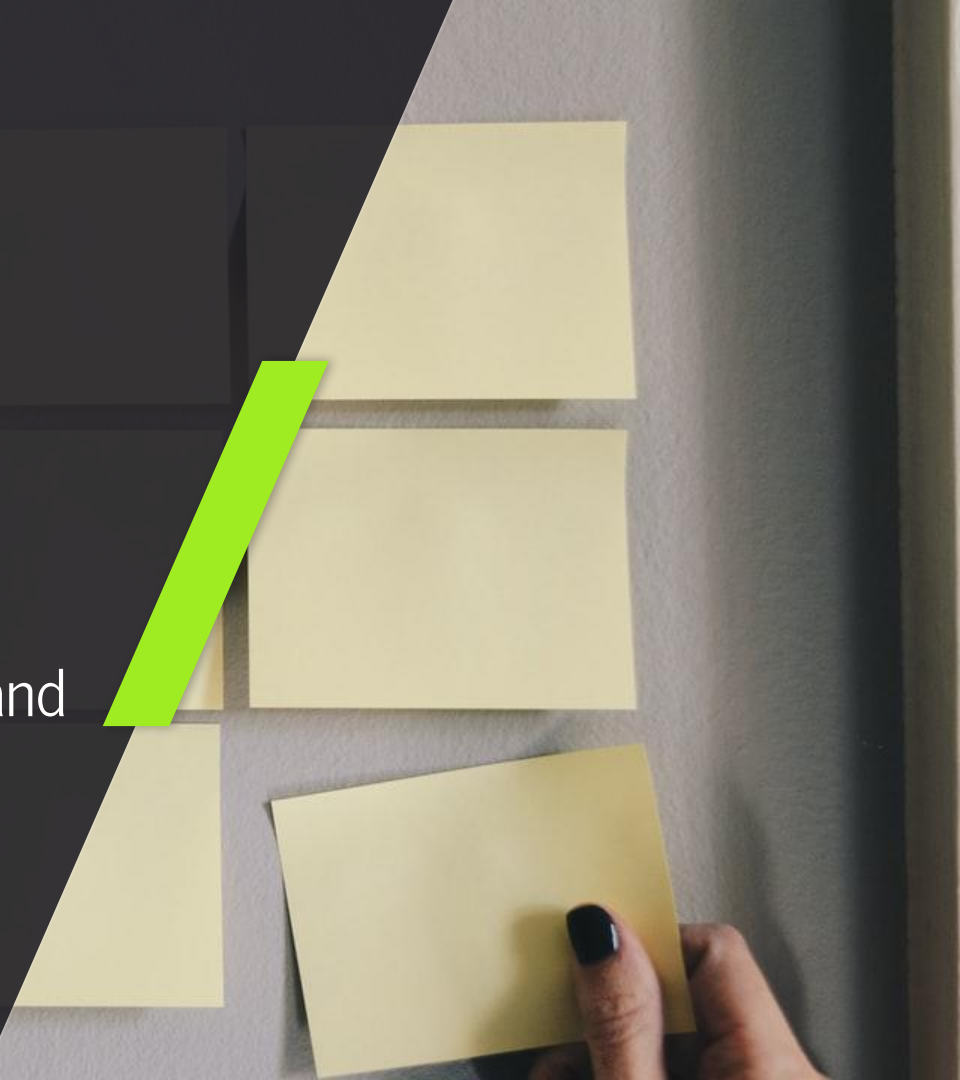


Organizational Skills

“Sorting alleviates disorganization”

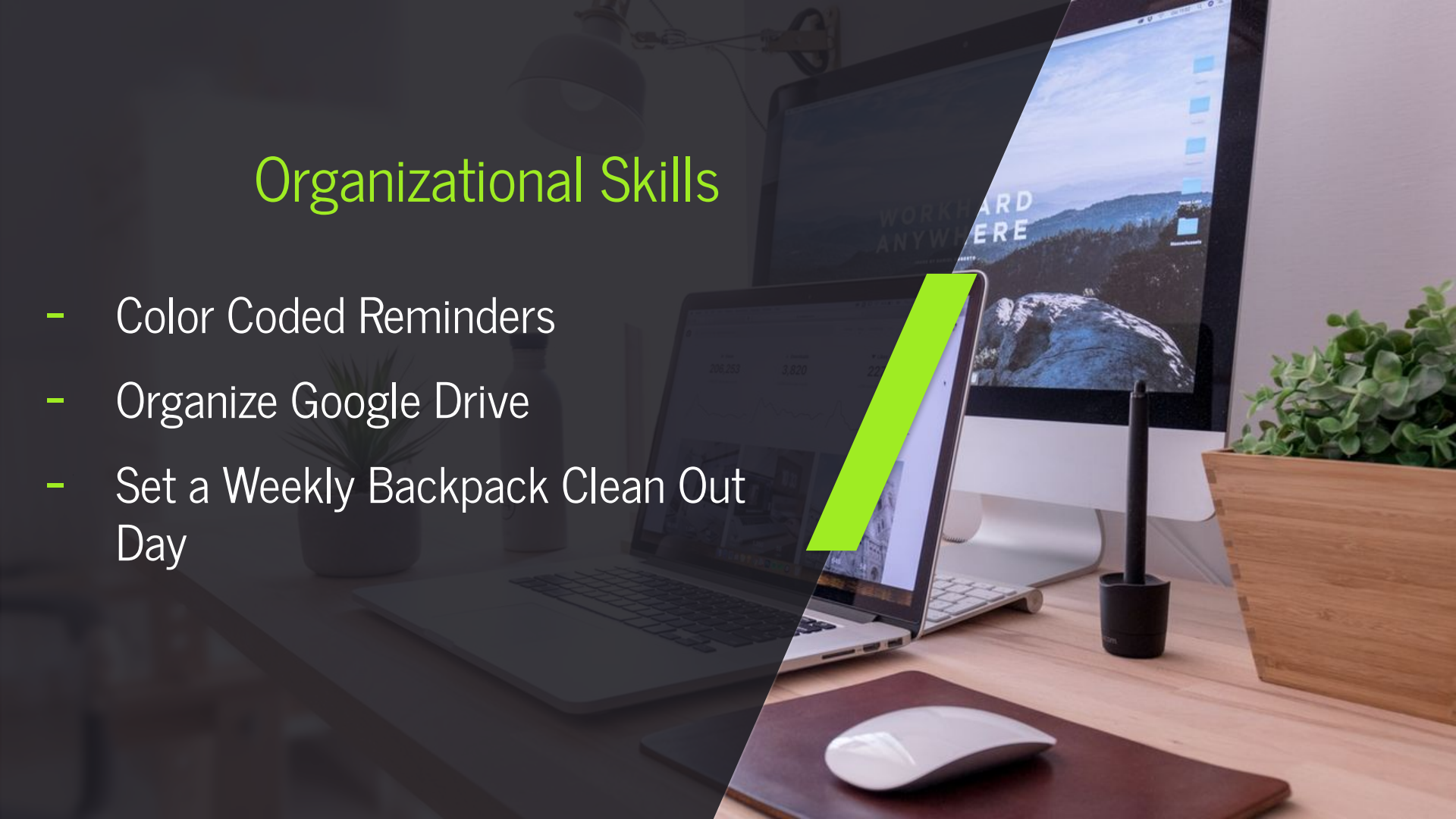
Organizational Skills

- Clean and Distraction Free Work Space
- Use Agenda and Checklists
- Keep Track of Important Dates and Assignments



Organizational Skills

- Color Coded Reminders
- Organize Google Drive
- Set a Weekly Backpack Clean Out Day



Time Management

“Put the days of last minute project
panic and school stress behind you”



Time Management

Create a Master Schedule

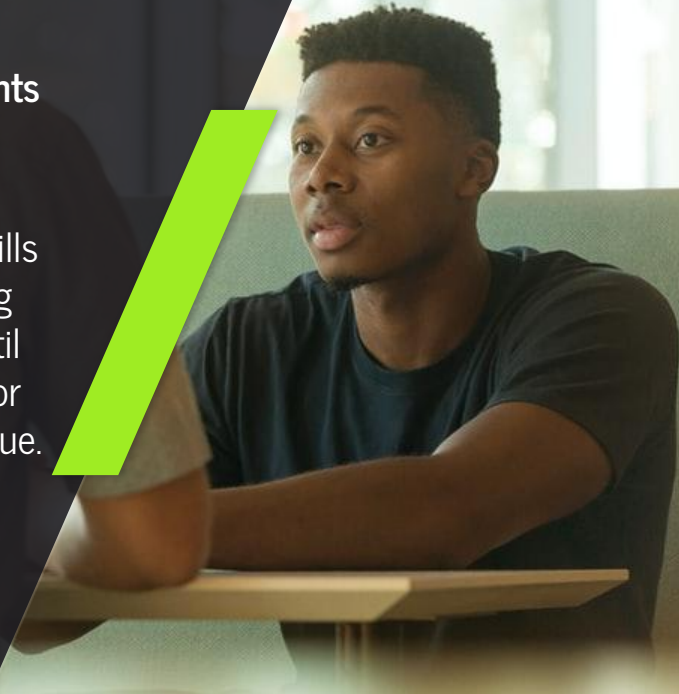
As a visual reminder of how much time is needed to complete specific tasks or assignments. This schedule should also include free time.

Set Goals for Each Day

Setting specific goals for each study session such as how many pages of a book to read or how many math problems to complete

Start Assignments Early

Good time management skills mean not leaving assignments until the last minute or the day before due.



Time Management



Study Skills

“Learning is a progressive process”



1. HOW TO STUDY

- Have tools handy: pen, paper, highlighter, dictionary, and ruler.
- Skim the text to get the general idea.
- Sort information in systematic way: write down heading and supporting facts
- Pay attention to illustrations, maps, charts, diagrams and summaries.
- After studying, test your students knowledge.



2. Where to Study

- Study in the same place.
- Make sure study space has good lighting and good air.
- Don't study with the TV on.
- Keep desktop uncluttered.



3. When to Study



KEY POINTS

- People are productive at different times of the day
- Sometimes we just have to memorize
- Help your child make the most of his/her time
- Make sure your child knows the basics

KEY POINTS

- Look for other sources of support
- Reflect on what works for your student
- Help your child destress



Questions ? /

Thank you!

Have a wonderful evening Panther Parents!

